

Service Aims

- To improve quality of life for people with dementia and their families, by providing high quality, flexible support.
- To create one point of contact for all dementia enquiries.
- To provide information, supports and services for every stage of the dementia journey.
- To facilitate people with dementia to live full, enriched and happy lives at home within their own communities for as long as possible.
- To provide individualised support on a needs-led basis.
- To acknowledge that the support provided is an additional service and is not to replace existing services.



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

For more information please contact:

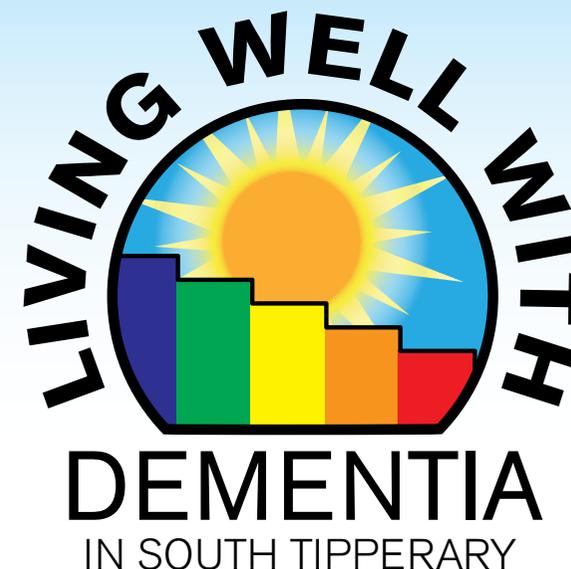
Living Well with Dementia

The Memory Technology Library
(in the grounds of)
South Tipperary General Hospital
Western Road, Clonmel, Co. Tipperary

T: 087 0550050

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Provides information, supports and services for every stage of the dementia journey.

Helps people with dementia to live full, enriched and happy lives at home and within their own communities for as long as possible.

dementia
understand together

Introduction

If you or a member of your family has been diagnosed with dementia, you are not alone. Around 55,000 people are living with dementia in Ireland.

The 'Living Well with Dementia in South Tipperary' programme is a support service for people with dementia and their families. It was established in 2012 and initially funded by Atlantic Philanthropies and the HSE through the Genio Trust. It is now a mainstreamed HSE funded service. We are based in the Memory Technology Library in the grounds of South Tipperary General Hospital.

The service is structured around activities, information and supports relevant to the different stages of the illness. The 'Dementia Nurse Specialist' in consultation with you and your family will decide which intervention(s) best meets your needs. Remember, dementia affects everyone differently. With the right information, supports and services it is possible to live a full, enriched and happy life.



HOW TO ACCESS THE SERVICE

Single Point of Contact: If you have been diagnosed with dementia you or a family member can contact us at 087 0550050 for information and advice or to make a referral. Your GP, public health nurse or the Memory Clinic (if you have attended there) may also refer you to the service.

DESCRIPTION OF SERVICE

1: Assessment

Learning about the diagnosis will help you to take control and manage any challenges you may face. Once you have been referred, the 'Dementia Nurse Specialist' will arrange to see you and your family member(s) usually in your own home, to discuss the diagnosis and any concerns you may have and to advise you about available local services and supports appropriate to your needs, should you require them.

2: Memory Technology Library

A separate appointment can be made for you to attend the Memory Technology Library to meet the 'Occupational Therapist' and see a wide range of assistive technologies which you may find helpful. We also run programmes in the Memory Technology Library for people with a new diagnosis of dementia that address issues such as managing memory loss and maintaining physical and mental health.

3: Home-Based Support

- (1) Brief goal focused support which is provided by a trained 'Dementia Support Worker'. This service is primarily aimed at promoting social interaction to encourage and help support engagement with existing community activities and supports in so far as is possible.
- (2) In cases where there are more complex needs that cannot be addressed through pre-existing supports, continuous support may be provided where appropriate.

4: Crisis Intervention

This is a short term more intensive intervention available for people in crisis. It provides a care service based on the needs of the person in crisis where the intervention is likely to prevent hospital / nursing home admission and is likely to resolve.

5: Once Off Day Off

This is a support for the carer of someone with dementia where they can avail of a once off day off to engage in personal time. The person with dementia gets the benefit of the support from the Dementia Support Worker.

CONTACT DETAILS

You may contact the office at 087 0550050, Monday to Friday, 9-5pm, where you can talk to the Dementia Nurse Specialist, or you can leave a message and she will ring you back, when available.

QUOTE FROM A RELATIVE:

"This service is of huge support to us as a family. Mam's support worker is so good to her and mam feels very secure with her. It has given her back confidence and as a family we really appreciate the help."